ROCK STEADY
REMODELING & CONTRACTING

Home Safety Checklist

A room by room walk-through you can do today

Getting in and out

- ☐ Steps and walkways are solid, even, and free of cracks or loose boards.
- ☐ Handrails feel tight and run where a hand naturally reaches.
- ☐ The entry has bright light for early mornings and evenings.
- ☐ There is a plan for ice, snow, and wet leaves at the main entry.

Bathroom

- ☐ Grab bars are mounted solid, not suction cupped to tile.
- ☐ The tub or shower entry does not require a high step over.
- ☐ The floor has grip when wet, and loose bath mats are gone.
- ☐ Night lighting reaches from the bed to the bathroom.

Moving through the home

- ☐ Walkways are clear of cords, clutter, and loose rugs.
- ☐ Stairs have a rail, good light, and a light switch at both ends.
- ☐ Doorways and halls allow the mobility equipment actually used.
- ☐ Furniture placement leaves a clear path to every exit.

Floors and carpet

- ☐ A wheelchair can roll from room to room without fighting the floor.
- ☐ Carpet is low pile and firm under the wheels, not thick and soft.
- ☐ The paths used most have not worn down into ruts.
- ☐ Strips where one floor meets another sit flat and do not catch small front wheels.

Kitchen and daily living

- ☐ Everyday items sit between knee and shoulder height.
- ☐ The stove area has room to move without turning in a tight space.
- ☐ Smoke and carbon monoxide alarms are present and tested.
- ☐ A phone or alert device is reachable from the floor after a fall.

Want a trained eye on it? Book a Home Safety Assessment.

The assessment visit is credited toward work booked within 60 days. Rock Steady Remodeling, Lansing, Michigan. Call (616) 389-0631.